



The Nature Place Health Policy

This policy was created based on guidelines provided by the CDC, La Crosse County Health Dept. and the La Crosse School District policies and *may change as conditions warrant*.

Revised 9/12/23

To Reduce the Spread of Any Illness

Leaders and program participants **must** stay home if they are experiencing any of the following:

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|--|---|--------------------------------------|---|
| <input type="checkbox"/> Shortness of breath or difficulty breathing | <input type="checkbox"/> New loss of taste or smell | | |
| <input type="checkbox"/> Chills | <input type="checkbox"/> Congestion | <input type="checkbox"/> Nausea | <input type="checkbox"/> Vomiting |
| <input type="checkbox"/> Headache | <input type="checkbox"/> Diarrhea | <input type="checkbox"/> Cough | <input type="checkbox"/> Muscle or body aches |
| <input type="checkbox"/> Fatigue | <input type="checkbox"/> Fever | <input type="checkbox"/> Sore Throat | <input type="checkbox"/> Runny nose |

Program participants who show illness symptoms will be immediately separated from others. The parent and/or emergency contact will be called to pick up the youth immediately. The youth will be supervised while awaiting pickup.

A program participant sent home may not return to the program until they are symptom free for 24 hours without the use of any medications.

To keep program participants, staff and communities healthy during our programs:

- Outdoor activities will be a priority as weather conditions allow.
- Teachers will teach about and reinforce handwashing with soap and water for at least 20 seconds before and after snack/lunch, after being outdoors, after using the bathroom.
 - o If soap and water not available sanitizer with at least 60% alcohol will be used
- Teachers will teach about and reinforce covering coughs and sneezes with a tissue, throwing out used tissues in trash and washing hands immediately.
- Program participants must bring their own snacks, lunch and drink/water bottle but may not bring extra toys or materials from home or share their food with anyone else.**
- Face coverings are optional

Maintaining Healthy Environments

- Frequently touched surfaces (e.g. door & sink handles, drinking fountains, outside of animal aquariums) are regularly cleaned and disinfected by trained staff
- Shared objects (e.g. toys, games) will be limited and cleaned between use
- Soap, hand sanitizer, paper towels, tissues, disinfectant spray, and no touch trash cans are provided. Cleaners and disinfectants will be stored away from campers.

Thank you for your cooperation as we enjoy exploring nature together!