

# **The Nature Place Health Policy**

This policy was created based on guidelines provided by the CDC, La Crosse County Health Dept. and the La Crosse School District policies and ***may change as conditions warrant.***

Revised 9/12/23

## **To Reduce the Spread of Any Illness**

☐ Leaders and program participants **must** stay home if they are experiencing any of the following:

- |   |                              |               |                        |
|---|------------------------------|---------------|------------------------|
| 👉 Shortness of breath or difficulty breathing | 👉 New loss of taste or smell |               |                        |
| 👉 Chills                                      | 👉 Congestion                 | 👉 Nausea      | 👉 Vomiting             |
| 👉 Headache                                    | 👉 Diarrhea                   | 👉 Cough       | 👉 Muscle or body aches |
| 👉 Fatigue                                     | 👉 Fever                      | 👉 Sore Throat | 👉 Runny nose           |

☐ ***Program participants who show illness symptoms will be immediately separated from others. The parent and/or emergency contact will be called to pick up the youth immediately. The youth will be supervised while awaiting pickup.***

☐ **A program participant sent home may not return to the program until they are symptom free for 24 hours without the use of any medications.**

## **To keep program participants, staff and communities healthy during our programs:**

- ☐ Outdoor activities will be a priority as weather conditions allow.
- ☐ Teachers will teach about and reinforce handwashing with soap and water for at least 20 seconds before and after snack/lunch, after being outdoors, after using the bathroom.
  - o If soap and water not available sanitizer with at least 60% alcohol will be used
- ☐ Teachers will teach about and reinforce covering coughs and sneezes with a tissue, throwing out used tissues in trash and washing hands immediately.
- ☐ **Program participants must bring their own snacks, lunch and drink/water bottle but may not bring extra toys or materials from home or share their food with anyone else.**
- ☐ Face coverings are optional

## **Maintaining Healthy Environments**

- ☐ Frequently touched surfaces (e.g. door & sink handles, drinking fountains, outside of animal aquariums) are regularly cleaned and disinfected by trained staff
- ☐ Shared objects (e.g. toys, games) will be limited and cleaned between use
- ☐ Soap, hand sanitizer, paper towels, tissues, disinfectant spray, and no touch trash cans are provided. Cleaners and disinfectants will be stored away from campers.

***Thank you for your cooperation as we enjoy exploring nature together!***