

# CREATE YOUR OWN NATIVE GARDEN



# **BACKGROUND**

## What are native plants?

Definition: A plant that has lived and developed in a particular region for over hundreds or thousands of years.

## Native gardens are crucial to ecosystems as they...

- Support insect, bird, and other wildlife populations. In fact, many insects are dependent on native plants to complete their life cycle.
- Have deep roots that provide erosion control and help water permeate throughout the soil
- Maintain genetic diversity
- Sequester more carbon than turf grass

## Other benefits to you:

- Reduced mowing time
- More opportunities for wildlife viewing
- Aesthetically pleasing

# **TIMELINE**







## **PLAN**

# When deciding what plants to incorporate into your garden, ask yourself these questions:

- What do I want my garden to look like?
- How much time do I have to maintain my garden?
- How can I incorporate plants that bloom at different times of the year (staggered)?

It's important to have a garden with diverse plants that have staggered bloom times because animals that feed on pollen and nectar need access to food from spring to fall. It also enhances the aesthetics of your garden and allows for consistently beautiful blooms rather than having flowers only for a short time.

- How much sun exposure does my garden have?
- How moist is my soil?
- Which plants are aggressive/spread quickly?

Ohio Spiderwort, Wild Bergamot, Common Evening Primrose, White Snakeroot, Ironweed, Sweet Black-Eyed Susan, Common Milkweed, some Asters, and some Goldenrods

• While many of these plants are gorgeous and can be great additions to your garden, it's good to know which are aggressive/spread quickly. If these plants are paired with less aggressive plants, they can quickly choke out others and become the dominant species. Although, this could be beneficial to you if you want a garden that fills in quickly, looks a little more "wild", and are pairing these plants with other aggressive plants.



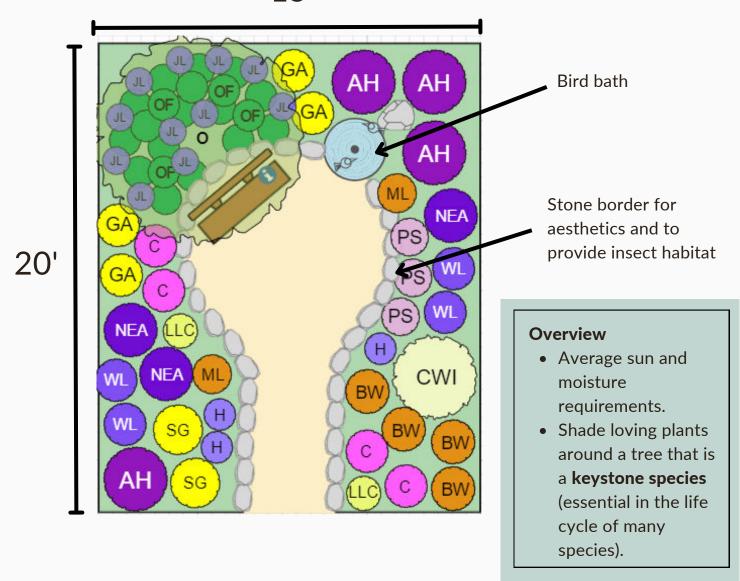
Ohio Spiderwort (Tradescantia ohiensis)



White Snakeroot (Ageratina altissima)

# **Reading Nook**

15'

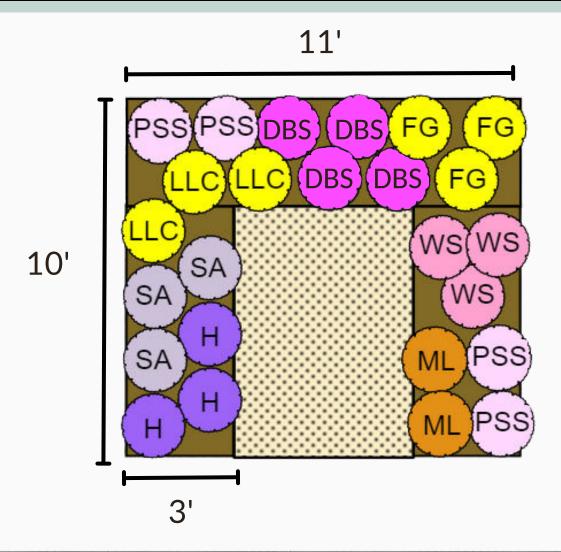


Key	Common Name	Scientific Name	<b>Bloom Time</b>
0	Oak Tree	Quercus spps.	N/A
OF	Ostrich Fern	Matteuccia struthiopteris	N/A
GA	Golden Alexander	Zizia aurea	April-July
С	Columbine	Aquilegia Canadensis	May-June
NEA	New England Aster	Aster novae-angliae	August-October
LLC	Lance-leaf Coreopsis	Coreopsis lanceolata	May-August
WL	Wild Lupine	Lupinus perennis	May-June
ML	Michigan Lily	Lilium michiganense	June-August
SG	Stiff Goldenrod	Solidago rigida	August-October
Н	Harebell	Campanula rotundfolia	June-September
AH	Anise Hyssop	Agastache scrophulariifolia	July-September
PS	Prairie Smoke	Geum triflorum	April-June
CWI	Cream Wild Indigo	Baptisia bracteata	May-June
JL	Jacob's Ladder	Polemonium reptans	May-June

# **Raised Beds**

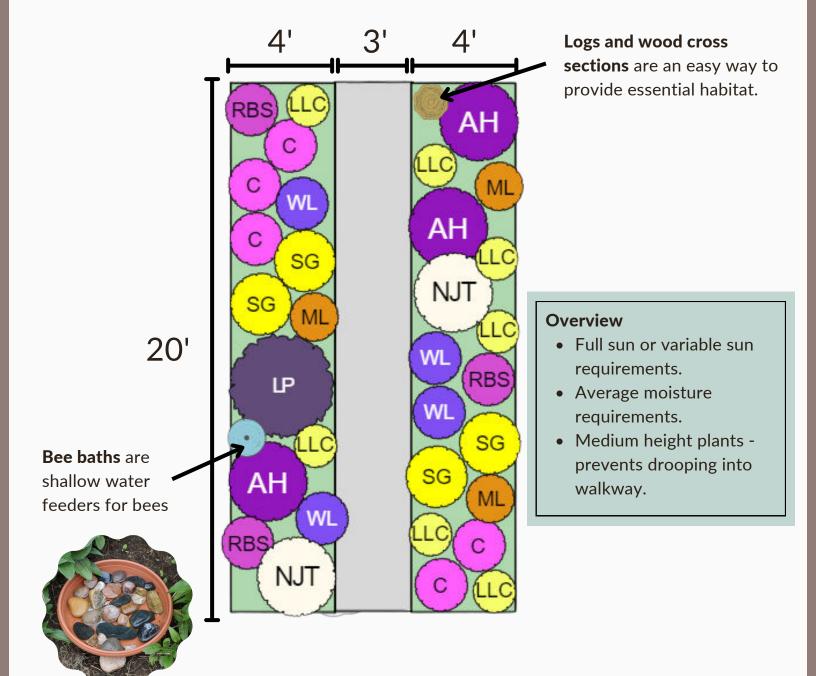
#### **Overview**

- Designed to be accessible to people sitting or standing.
- Plants have shallower root systems so that they can be successful in raised beds.
- Soil should be at least 18" deep.



Key	Common Name	Scientific Name	Bloom Time
DBS	Dwarf Blazing Star	Liatris cylindracea	July-October
Н	Harebell	Campanula rotundfolia	June-September
SA	Smooth Aster	Aster laevis	August-October
LLC	Lance-leaf Coreopsis	Coreopsis lanceolata	May-August
FG	Field Goldenrod	Solidago nemoralis	August-October
PPC	Purple Prairie Clover	Dalea purpurea	July-August
WS	Wild Strawberry	Fragaria virginiana	April-May
ML	Michigan Lily	Lilium michiganense	June-August

# Walkway Garden

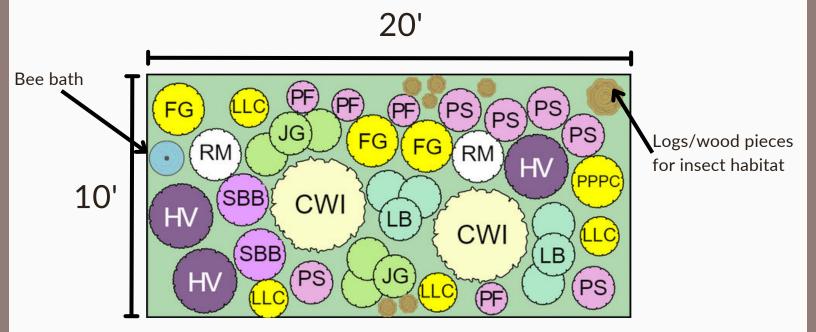


Key	Common Name	Scientific Name	Bloom Time
LLC	Lance-leaf Coreopsis	Coreopsis lanceolata	May-August
С	Columbine	Aquilegia Canadensis	May-June
RBS	Rough Blazing Star	Liatris aspera	August-September
SG	Stiff Goldenrod	Solidago rigida	August-October
ML	Michigan Lily	Lilium michiganense	June-August
LP	Lead Plant	Amorpha canescens	June-July
AH	Anise Hyssop	Agastache foeniculum	June-October
WL	Wild Lupine	Lupinus perennis	May-June

# **Prairie Garden**

#### Overview

- Full sun requirements.
- Dry and sandy soil.
- Short, low-growing plants.



Key	Common Name	Scientific Name	Bloom Time
FG	Field Goldenrod	Solidago nemoralis	August-October
HV	Hoary Vervain	Verbena stricta	June-September
LLC	Lance Leaf Coreopsis	Coreopsis lanceolata	May-August
JG	June Grass	Koeleria macrantha	May-June
SBB	Spotted Bee Balm	Monarda punctata	July-September
PS	Prairie Smoke	Geum triflorum	April-June
LB	Little Bluestem	Schizachyrium scoparium	August-October
PF	Pasque Flower	Anemone patens	April-May
RM	Rattlesnake Master	Eryngium yuccifolium	June-August
PPPC	Plains Prickly Pear Cactus	Opuntia macrorhiza	May-July
CWI	Cream Wild Indigo	Baptisia bracteata	May-June

# **Shade Garden**

## Overview

- Shade loving plants.
- Average moisture requirements.

20' JL JL C JL WH Logs/wood pieces PSS PSS PSS for insect habitat TL C PSS WG. TL 15' PD WG (PSS PSS TL WG BLA AH PSS PSS PSS ZZG ZZG PSS) BLA ÁΗ JL ΑH (BLA ZZG (PSS) JL

Key	Common Name	Scientific Name	Bloom Time
PSS	Prairie Shooting Star	Dodecatheon meadia	April-June
С	Columbine	Aquilegia Canadensis	May-June
WG	Wild Geranium	Geranium maculatum	May-June
WH	Witch Hazel	Hamamelis virginiana	September-November
OF	Ostrich Fern	Matteuccia struthiopteris	N/A
PD	Pagoda Dogwood	Cornus alternifolia	April-May
AH	Anise Hyssop	Agastache foeniculum	June-October
JL	Jacob's Ladder	Polemonium reptans	May-June
BLA	Big Leaf Aster	Aster macrophyllus	August-September
TL	Trout Lily	Erythronium americanum	April-May
ZZG	Zig Zag Goldenrod	Solidago flexicaulis	August-October

## Sample plants by season, light requirements, and moisture requirements:

#### **SPRING BLOOMING**

#### Shade:

Bellwort, Bloodroot, Columbine, Jack In the Pulpit, Jacob's Ladder, Large Flowering Trillium, Sharp-lobed Hepatica, Trout Lily, Wild Geranium

#### Part Shade:

Columbine, Golden Alexander, Downy Serviceberry Tree, Hairy Beardtongue, Pennsylvania Sedge, Sharp-lobed Hepatica, Prairie Viol Trout Lily, Wild Geranium, Wild Lupine



Pasque Flower (Anemone patens)

#### Sun:

Cream Wild Indigo, June Grass, Lance-leaf Coreopsis, Pasque flower, Prairie Willow, Prairie Shooting Star, Wild Hyacinth, Prairie Smoke, Blue Eyed Grass, Wood Betony



Columbine (Aquilegia Canadensis) (pink flower) and Golden Alexander (Zizia aurea) (yellow flower)



Prairie Shooting Star (Dodecatheon meadia)



Wild Lupine (*Lupinus perennis*) (blue flower) and Prairie Smoke (*Geum triflorum*) (pink flower)

#### Dry:

Lance-leaf Coreopsis, Pasque Flower, Pennsylvania Sedge, Blue-eyed Grass, Prairie Phlox, Prairie Shooting Star, Prairie Smoke, Wild Lupine, Cream Wild Indigo, Hairy Beardtongue

#### Moist:

Bellwort, Bloodroot, Fox Sedge, Golden Alexanders, Jacob's Ladder, Lance-leaf Coreopsis, Large Flowered Trillium, Prairie Shooting Star, Sharp-lobed Hepatica, Trout Lily, Wild Hyacinth

#### Wet:

Black Chokeberry, Fox Sedge, Jack In the Pulpit, Nannyberry

#### **SUMMER BLOOMING**



Anise Hyssop (Agastache foeniculum)

#### Shade:

Anise Hyssop, Big Leaf Aster

#### Part Shade:

Anise Hyssop, Rough Blazing Star, Cardinal Flower, Common Milkweed, Culvers Root, Goat's Rue, Great Blue Lobelia, Harebell, Michigan Lily, New Jersey Tea, Nodding Pink Onion, Partridge Pea, Prairie Alumroot

#### Sun:

Blue Vervain, Boneset, Butterfly-weed, Garden phlox, Goats Rue, Hoary Vervain, Joe Pye Weed, Leadplant, Meadow Blazing Star, Pale lobelia, Pale Purple Coneflower, Prairie Blazing Star, Purple Prairie Clover, Swamp Milkweed, Wild Petunia



Butterfly-weed (Asclepias tuberosa)



Rattlesnake Master (Eryngium yuccifolium)



Wild Bergamot (Monarda fistulosa)

#### Dry:

Anise Hyssop, Wild Bergamot, Butterfly-weed, Rough Blazing Star, Dwarf Blazing Star, Hoary Vervain, Partridge Pea, Plains Prickly Pear Cactus, Rattlesnake-master, Round-Headed Bush Clover, Spotted Bee Balm, Whorled Milkweed

#### Moist:

Anise Hyssop, Big Leaf Aster, Blue Vervain, Cardinal Flower, Carolina Rose, Culvers Root, Garden phlox, Great Blue Lobelia, Iron Weed, Meadow Blazing Star, Michigan Lily, Prairie Blazing Star, Rattlesnakemaster, White Wild Indigo

#### Wet:

Blue Flag Iris, Blue Vervain, Boneset, Cardinal Flower, Carolina Rose, Common Milkweed, Nodding Pink Onion, Oval Sedge, Pale Iobelia, Red/Swamp Milkweed



Rough Blazing star (Liatris aspera)

#### **FALL BLOOMING**

#### Shade:

Large-leaved Aster, Short's Aster, White Snake Root, Witch Hazel

#### Part Shade:

Bottle Gentian, Field Goldenrod, Large-leaved Aster, New England Aster, Short's Aster, Silky Aster, Sky Blue Aster, Sweet Black-eyed Susan, White Snake Root, Witch Hazel

#### Sun:

Aromatic Aster, Bottle Gentian, Copper-shouldered Oval Sedge, Field Goldenrod, New England Aster, Panicled Bulrush, Showy Goldenrod, Silky Aster, Sky Blue Aster, Smooth Aster, Sneezeweed, Stiff Goldenrod, Oval Sedge



New England Aster (Aster novae-angliae)



Showy Goldenrod (Solidago speciosa)



Sweet Black Eyed Susan (Rudbeckia subtomentosa)



White Snakeroot (Ageratina altissima)

#### Dry:

Aromatic Aster, Field Goldenrod, Large-leaved Aster, Short's Aster, Showy Goldenrod, Silky Aster, Sky Blue Aster, Smooth Aster, Stiff Goldenrod, White Snake Root, Witch Hazel

#### Moist:

Bottle Gentian, Copper-shouldered Oval Sedge, Largeleaved Aster, New England Aster, Panicled Bulrush, Short's Aster, Sneezeweed, Sweet Black-eyed Susan, White Snake Root, Witch Hazel

#### Wet:

Sweet Black-eyed Susan

#### NON FLOWERING PLANTS



Ostrich Fern (Matteuccia struthiopteris)

Shade: Palm Sedge, Ostrich Fern

**Part Shade**: June Grass, Pennsylvania Sedge, Big Bluestem (grass), Oval Sedge, Little Bluestem (grass), Ostrich Fern, Lady Fern

**Sun**: June Grass, Pennsylvania Sedge, Big Bluestem (grass), Oval Sedge, Prairie Dropseed (grass), Sideoats Grama (grass), Fox Sedge, Panicled Bulrush (rush), Little Bluestem (grass), Ostrich Fern, Switchgrass



Palm Sedge (Carex muskingumensis)



June Grass (Koeleria marcrantha)

**Dry**: June Grass, Pennsylvania Sedge, Big Bluestem (grass), Prairie Dropseed (grass), Sideoats Grama (grass), Little Bluestem (grass), Switchgrass

**Moist**: Pennsylvania Sedge, Big Bluestem (grass), Oval Sedge, Prairie Dropseed (grass), Little Bluestem (grass), Ostrich Fern, Lady Fern, Switchgrass

**Wet**: Oval Sedge, Fox Sedge, Panicled Bulrush (rush), Palm Sedge, Ostrich Fern, Switchgrass



Little Bluestem (Schizachyrium scoparium)



# **CLEAR THE AREA**

## You have a few options for weed/lawn removal:

**Smothering** - Putting down multiple layers of cardboard or a tarp will smother anything under it to clear out an area for planting. This should be left for a minimum of 6 months but the longer you leave it the less likely you are to have unwanted plants returning.

**Rototiller** - This method can be quick and effective but you run the risk of a weedy garden from seeds being brought to the top.

**Sod-cutter** - This method is another quick option to remove lawn and you don't have the risk of exposing weed seeds.

Manual Removal - Don't forget that manual removal is always an option and very doable if you are dealing with a small space you need cleared.



**Smothering** 



Rototiller



Sod-cutter



Manual Removal



# **PURCHASE & START PLANTS**

#### Seeds vs plugs:

#### Seeds

## Pros:

- Cheap
- See the whole growing process

#### Plugs

#### Pros:

- Quicker result
- Typically transplant better than seeds grown indoors and brought outside

#### Cons:

- · Can be more labor intensive if started indoors and then transplanted outside
- · Harder to care for in the beginning

#### Cons:

- More expensive



Butterfly weed (Asclepias tuberosa) seedlings

<sup>\*\*</sup>If you decide to get your plants as plugs, plant at any point when the ground is thawed up until 6 weeks before the first hard frost.

#### Scattering seeds in the fall vs starting them indoors:

Scattering seeds in the fall eliminates the need for extra care for the seeds. It can be an easy and effective way to plant seeds – just make sure you know what the seedlings look like so you don't pull them in the spring! If you want to start seeds indoors during the winter – research the specific needs of the seeds you have. Some seeds need particular steps to be done before they can be planted such as **scarification** and/or moist **stratification** for varying amounts of time.

**Scarification** – Altering the coat of a seed to slightly weaken or open it to encourage germination. This is typically done by scratching, blanching, filing, igniting, etc.

**Moist stratification** – Putting seeds in a moist and cold environment to encourage germination. Ex: Covering seeds in a wet paper towel in the fridge.

#### Where to buy seeds/plugs:









# **CARE**

## It's time to care for your garden!

- It is crucial to water your plants well and frequently when they are first getting established, as well as after they are transplanted, even if they do not typically require much water.
  - During the first year, plants are working to grow their root systems, so you might not see a lot of above-ground growth!
- Weed often to avoid other plants choking out your natives.
- No fertilizer needed many native plants thrive in nutrient poor soils!
- Leave stems and leaves in the fall to provide habitat to overwintering insects.

